PERSONAL DIGNITY KIT "PDK"

(FORMERLY CALLED HEALTH, HYGIENE KIT)

1 bath hand towel – no kitchen towels	1 adult tooth brush – no multipacks
1 bath washcloth – no kitchen dishcloths	1 toothpaste – 2.5 oz. or larger
1 comb – sturdy – no rattail or picks	1 bar soap – 3-4 oz.
1 razor – with guard	1 shampoo – 15-18 oz.
1 nail clippers – no files or emery boards 10 band-aids – ¾" x 3"	1 deodorant – 2-3 oz. stick, roll on or pump
PLACE IN 1 GALLON RESEALABLE BAG	
Value: \$15 plus \$2 shipping.	
STUDENT KIT	
3 notebooks – 1 subject spiral 8" x 10 ½"	1 pencil eraser 2" or larger
1 pair student round tip scissors	(remove package)
(remove package)	1 pencil sharpener 1" (remove package)
1 ruler 12" long with metric	1 box of 12 colored pencils
1 box of 24 crayons	6 unsharpened pencils
PLACE IN CLOTH BAG WE PROVIDE	
Value: with items in cloth bag \$16 plus \$2 shipping.	
LAYETTE KIT	
6 cloth diapers	2 onesies or undershirts
2 gowns or sleepers	2 infant washcloths – no adult washcloths
6 diaper pins (must have protective plastic closures)	
2 receiving blankets – 28" x 28" to 32" to 32"	
(no crib, fleece or thermal blankets)	
1 sweater, sweatshirt or jacket – must open from the front.	
May be handknitted, crocheted, or sewn.	
BUNDLE ITEMS INSIDE ONE OF THE BLANKETS AND SECURE WITH DIAPER PINS.	
Value: \$45 plus \$2 diaper cream and \$2 shipping.	
BIRTHING KIT	
1 bar of soap – 3-4 oz.	
1 pr. gloves – surgical or thin rubber glove	S
1 square yard clear plastic sheeting – 4 mil	
3 pieces of cotton string, each 12" long. N	O YARN.
1 razor blade – single edge – cover in pape	r or cardboard to prevent injury.
2 receiving blankets – 28" x 28" to 32" to	32" – no crib, fleece or thermal blankets
PLACE ITEMS IN 1 GALLON RESEALABLE PLASTIC BAG	
Value: \$9 plus \$2 shipping.	